

IDEA Journal



Student Name _____ Class _____ Date Due _____

Quantity: Please write down how many *minutes* you practiced each day in the box below the date. Practice at least ____ minutes, ____ times a week.

| Dates | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | Total Minutes – Week 1 |
|-------|--------|---------|-----------|----------|--------|----------|--------|------------------------|
| | | | | | | | | |
| Dates | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | Total Minutes – Week 2 |
| | | | | | | | | |

Quality: Follow the big **IDEA**. What are your OMGS? Remember to use **musical terminology** in your responses.

| # | IDENTIFY Piece & Measures (small chunks) | DECIDE Musical Concept - what are you trying to achieve / improve on? | EXECUTE What strategies did you use to work on this goal? | ANALYZE Did you achieve your goal? Do you still need work on it? Do you need extra help? |
|---|--|---|---|--|
| 1 | | | | |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |

Optional: Thoughts/Questions about your practice. (use the back for more space)

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Student Name _____ Class _____ Date Due _____

Quantity: Spend quality time practicing using the Big IDEA. Check off each day you complete a quality practice session. Aim for at least 5 per week.

| | | | | | | | |
|-------|--------|---------|-----------|----------|--------|----------|--------|
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