

30 Day Practice Project

the Big IDEA 

[Hilary Hahn](#), a famous violin soloist, recently started the hashtag #100days. She pledged to practice every day for 100 days straight and tweeted about it @violincase. She's an amazing artist who travels all over the world soloing with the best orchestras. As a professional she obviously practices a lot, but she had to get creative on days when she was traveling, or sick, or just plain tired, (like we all get sometimes). She found the experience really rejuvenating as a musician and it has also inspired many others to follow suit.

Our month-long goal is to have everyone in our ensemble practice on a regular basis beyond class-time to prepare for our upcoming event. I would like you to commit to practice **EVERY DAY for 30 days** outside of class. For each day you practice you will get to add a sticker to our sticker wall.

To help inspire you and keep you self-accountable we will be using FlipGrid Videos in two ways:

- 1 private video per week of you demonstrating a spot or skills that you have worked on this week on your instrument. Please start the video by identifying the title of the piece, measures you chose and the musical concept you are working on before you demonstrate it. This playing video should be 1-2 minutes long.
- 1 video (public to just your class) per week explaining what you have worked on over the past week including your specific OMGs (obtainable musical goals) and strategies used. This speaking video will be limited to 1 minute.

Flip Grid Video Links will be posted in google classroom each week. Please watch the demonstration videos on the grid to get a full understanding of what to do. Following each week, you will be asked to watch the public videos of at least two classmates (of the same instrument/section) and provide feedback as a class exit ticket.

Each week will count as a practice project grade.

Video are due no later than each Friday by midnight. Students who do not have access to a recording device at home can record their videos during class or before/after school. You can do your performance video any day, however it is best if you do your explanation video near the end of the week.

Happy Practicing!